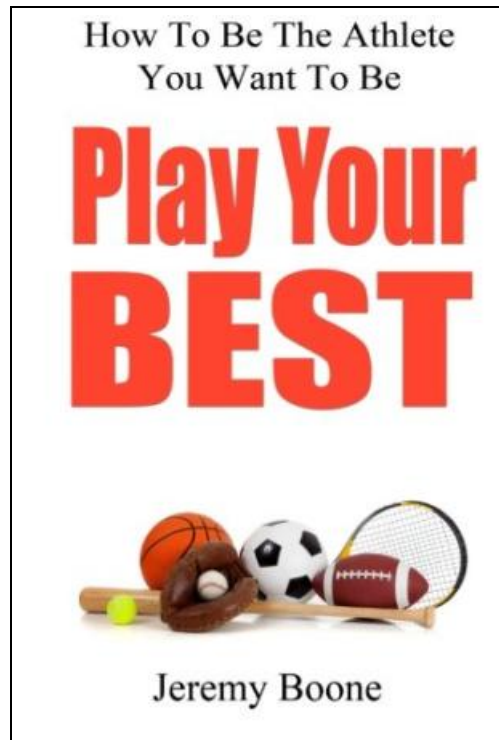


## Play Your Best: How to Be the Athlete You Want to Be



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