



Smart Women Eat Healthy Chocolate: Not a Woman? Eat It Anyway. Huge Benefits!

By Suzanne DVM Rn Quintero

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Women and Chocolate go together, right? If you ve been told chocolate is not good for you, read this little booklet to find huge health benefits, all backed by science - but this is NOT your average dark chocolate! Read to learn why Healthy Chocolate is very different and unique. This book talks about weight control, diabetic friendly pain relief and circulation improvement, anti-aging properties, neurocosmetics, a healthy energy drink, mood benefits, appetite reduction and much more.



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