



## How to Recycle Food: How to Use Every Ingredients and Every Meal to Its Maximum Potential (Paperback)

By Nancy L Benton

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Leftover Meals - How To Recycle Food is an easy-to-follow cookbook that demonstrates how to stretch your food budget to the max by recycling leftovers into new meals that are delicious as well as budget conscious. Top rated chef and home economist Nancy L. Benton has compiled quick and economic dinner ideas using leftovers and the best part is that they are quick and easy recipes you too can use to feed your hungry brood. She has included a good many easy meals for kids as well as healthy quick dinners, many of which are considered cheap dinner ideas so as not to tap your budget. Leftovers don t have to taste like they fell out of your boots and with proper planning and preparation they can wow any fussy eaters! In fact, even people that adamantly admit they hate leftovers will sing your praises and so will their baby fat because the How To Recycle Food are designed for maximum taste and maximum nutrition. I don t like wasting anything let alone food and with the cost of food skyrocketing, it...



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