



Escaping the Pain

By R. A. Brusse

AuthorHouse. Paperback. Condition: New. 300 pages. Dimensions: 9.0in. x 6.0in. x 0.8in. Inside this book is poetry that comes directly from my thoughts, feelings and experiences. I hope that bearing my soul, in black and white, will help others realize they're not alone. I found that when I wrote about my thoughts and feelings, I wasn't doing what was in my mind. I hope that my poetry will help others, their friends and family, to better understand what they feel but are too scared to say. I hope to help them find a way to work together and to keep fighting. I do want to warn those who read this book, it is extremely graphic and may trigger some. However, remember while you're reading, it's better to write or talk about your feelings than to keep them hidden. You can fight your demons, but you can't do it alone. I have found my way to cope, and it has helped me to survive. This book, in my words, shows my fight and my victory. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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