



## Lessons from Your Last Life: And How They Can Help You in This One (Paperback)

By Diana Scanlan

Balboa Press Australia, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In this memoir, Diana Scanlan leads you on a spiritual journey from the United Kingdom to an entirely new continent, where she met her soulmate and life partner. Diana has always felt a strong connection with the universe and the earth, but it was not until she began paying attention to messages, insights, and lessons from her last life that she was able to overcome the toughest challenges in this one. In looking back at her past, she explores how to: - overcome past traumas and live in the present; - forgive loved ones for their mistakes; - shake off worries and stress; - avoid judging others; - find success by following your intuition. From her challenging childhood to memories of her last life as an American Indian child, she looks back at an epic journey that has led her to focus on helping others - one that will help you gain insights for a clearer vision of your Divine life purpose. With practice, meditation, and an open mind, you ll discover that if you look within yourself, you can...



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