



50 Beaches to Blow Your Mind

By Lonely Planet, Ben Handicott

Lonely Planet Publications Ltd, Australia, 2016. Paperback. Book Condition: New. 1st edition.. 178 x 120 mm. Language: English . Brand New Book. From the people who have been delivering trustworthy guidebooks to every destination in the world for 40 years, Lonely Planet's 50 Beaches To Blow Your Mind helps you discover the planet's most pristine, jaw-dropping, wild and wonderful sandy spots. This pocket-sized book is the perfect gift for any sun-worshipper or beach-lover and is the ultimate guide to the world's best beaches. A beach always feels like the ultimate escape, with the sound of the waves lapping against the shore, which science says has a calming effect on our brain activity. And then there's the guaranteed hit of vitamin D our exposed skin absorbs. Whether you're looking for black-sand beaches, high-octane watersport hotspots, secret bays or the finest palm-fringed tropical paradises, Lonely Planet shows you where and how to find them. So pack your beach towel and hit the sands. Includes: Bliss // Tropical desert island paradises * Cabbage Beach // Nassau, Bahamas * Crane Beach // Barbados * Flamenco Beach // Culebra, Puerto Rico * Green Island Beach // Green Island, Antigua Barbuda...



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