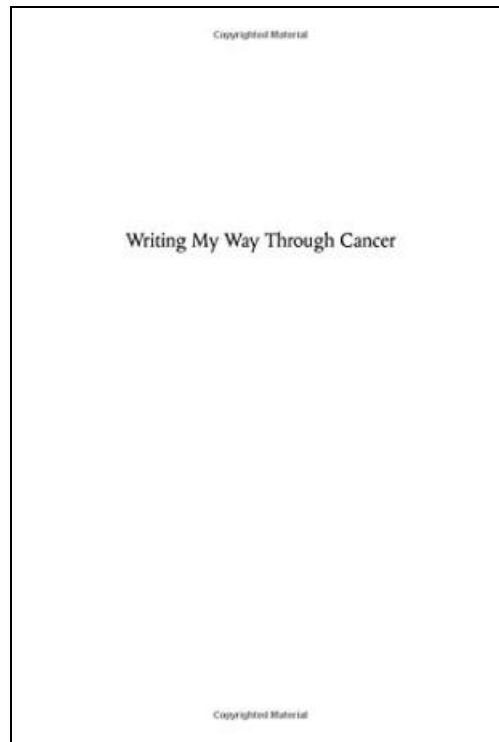


Writing My Way Through Cancer



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Reviews

Without doubt, this is actually the greatest work by any writer. It is actually written in simple terms instead of confusing. I found out this ebook from my i and dad recommended this pdf to understand.
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WRITING MY WAY THROUGH CANCER



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Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Writing My Way Through Cancer, Myra Schneider, 'In this highly readable book about a personal way of dealing with potentially life-threatening illness, we follow author, broadcaster and acclaimed poet Myra Schneider through her journey from diagnosis to recovery from breast cancer. One of the book's special gifts is to make us feel we are engaged in an absorbing conversation with a friend, a friend who is full of courage, sensitivity and hope, but manages at the same time to be completely honest about the terror, anger and times of darkness that such a diagnosis brings.' - Caduceus 'Although, as its title suggests, this book concentrates on writing for cancer sufferers, its advice is equally valid for people suffering from other problems, whether physical, emotional or practical. It shows the empowering effect of writing; how it can help to make sense when the world chaotic; how it can keep you focused when your life is falling apart. This is an inspiring read, made so by the author's frankness, warmth and honesty, which breathe through the pages.' - Writing Magazine 'Reading someone else's journal is so engaging; When that person is a poet and has experienced a life threatening illness, the reading becomes inspiring. Myra Schneider is not only a poet and author but also a teacher. Her guide lines for therapeutic writing are clear and had me reaching for a pen. It would be a very valuable book for most clients who have been, or are going through, illness or any difficult experience, to try the visualisations and writing ideas. These, and the whole book, would be extremely useful for therapists working in any setting. Buy it!' - HCPJ 'Myra, an established poet and author of a handbook on writing for personal...



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