



## Complete Idiot's Guide to Tantric Sex

By Dr. Judy Kuriansky

Alpha, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: You're no idiot, of course. You want sex to be a mystical, magical, monumental experience. But more often than not you find yourself settling for a simple roll in the hay . Don't develop a case of bedroom blahs! An ancient Eastern philosophy called tantra can help you and your partner achieve greater levels of intimacy-both in and out of bed. In this inspirational guide, you get: An uninhibited introduction to the sacred beliefs of tantra. Exciting suggestions for expressing-and interpreting-sexual needs. A new, more spiritual view of sexual power-and how you can unleash it. Inspiring ideas on how to practice tantric sex without a steady partner.



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