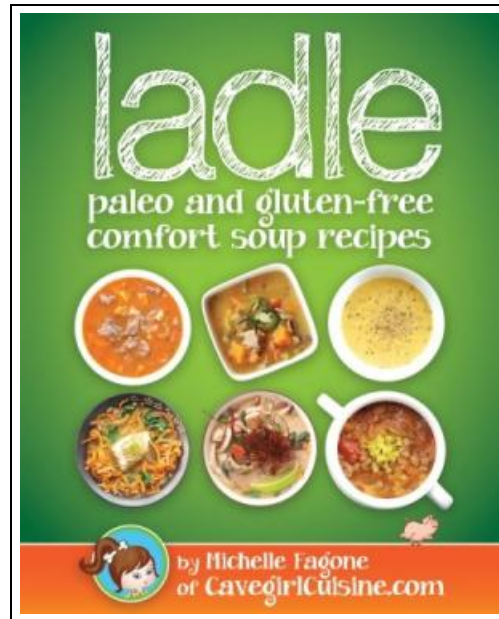


Ladle: Paleo and Gluten-Free Comfort Soups (Paperback)



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Reviews

A very great ebook with perfect and lucid answers. It can be packed with wisdom and knowledge I found out this book from my dad and i encouraged this publication to learn.

(Elena McLaughlin)

LADLE: PALEO AND GLUTEN-FREE COMFORT SOUPS (PAPERBACK)



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Sunny Day Publishing, LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Michelle Fagone, AKA Cavegirl Cuisine, has become a lovable and quirky social media sensation with a Facebook following of over 135,000 fans! Her newest creation, Ladle: paleo and gluten-free soup recipes, contains 50 fresh soups laid out in a beautifully full-color photographed cookbook. From simple creamy soups that can be made in 30 minutes, to a variety of soups, stews, chowders, and chilis, there is something for everyone. Ladle is for you if you follow a paleo/gluten-free diet, are dairy intolerant, enjoy meals made from fresh ingredients, and finally, just like soup! Testimonials: There's nothing as nourishing and comforting as a steaming bowl of soup. If you're looking to seriously level up your broth game, Michelle Fagone's Ladle is the comprehensive Paleo soup primer for you! - Michelle Tam New York Times best-selling author of Nom Nom Paleo: Food For Humans Colorful, nutritious, and flavorful, homemade soup is the ultimate, one-pot comfort food. From broth basics to simple creamy soups and international recipes with flair, Ladle is a one-stop source for everything you need to become a soup expert. - Melissa Joulwan, author of Well Fed: Paleo Recipes for People Who Love To Eat and Well Fed 2: More Paleo Recipes For People Who Love To Eat Soups are arguably the most nourishing ways to enjoy meals, but let's face it - they can quickly become a little boring. Ladle flips that predicament on its head, with over 50 allergen-friendly recipes fit for any mood. From Bacon Chicken Chowder and Cowboy Beef Stew to Lobster Bisque, this is a must-have resource for every soup-loving foodie! - Russ Crandall, New York Times bestselling author of Paleo Takeout and...



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